

WOMEN'S  SEMINAR

Feed Your Soul
NOVEMBER 2018

Friday, November 16

5:00PM – 5:30PM	VESPERS PRAYERS
5:30PM – 7:00PM	CHECK-IN & ORIENTATION
7:00PM – 8:00PM	DINNER
8:00PM – 9:00PM	SESSION 1
9:00PM – 10:00PM	INDIVIDUAL PRAYER TIME FOR GROWTH IN THIS SEMINAR
10:00PM	LIGHTS OUT

Saturday - November 17

4:00AM – 6:00AM	MIDNIGHT PRAISES
6:00AM – 8:00AM	DIVINE LITURGY
8:00AM – 9:00AM	BREAKFAST
9:00AM – 10:00AM	SESSION 2
10:00AM – 12:00PM	BOOKSTORE SHOPPING/SERVICES FOR THE CONVENT
12:00PM – 1:00PM	SESSION 3
1:00PM – 2:00PM	LUNCH
2:00PM – 4:00PM	NATURE MEDITATION
4:00PM – 5:30PM	VESPER PRAISES & RAISING OF INCENSE
5:30PM – 7:00PM	SESSION 4
7:00PM – 8:00PM	DINNER
8:00PM – 10:00PM	QUIET REFLECTION TIME ON SESSIONS
10:00PM	LIGHTS OUT

Sunday - November 18

4:00AM – 7:00AM	MIDNIGHT PRAISES
7:00AM – 10:00AM	DIVINE LITURGY
10:00AM – 10:30AM	BREAKFAST
10:30AM – 11:30AM	SESSION 5
11:30AM	FAREWELL

